

Workshops at Auroville
GURDJIEFF SACRED MOVEMENTS
SUFİ – THE PATH OF LOVE

27-29 October, 2025

Cripa Hall, Auroville (near Puducherry)

Gurdjieff Sacred Movements

With Nirupam Gyan



Gurdjieff Movements are precise, rhythmical exercises that challenge our habitual patterns by requiring full attention, coordination, and inner balance. Participants engage in sequences that integrate body, mind, and emotion, promoting a state of divided attention and presence. These movements are not mere choreography—they are living symbols and practices that reveal our inner fragmentation while pointing toward a greater inner unity.

- Learn and practice foundational Gurdjieff Movements in a supportive and meditative setting
- Cultivate self-observation and the ability to direct attention consciously
- Explore the relationship between physical movement, emotional tone, and mental focus
- Use pauses, stillness, and music to sense the difference between mechanical reactions and conscious choice
- Reflect together in silence and group discussion to deepen understanding

No prior experience is required—only the willingness to engage sincerely, work with attention, and be present in the moment.

31 October – 2 November, 2025

Cripa Hall, Auroville (near Puducherry)

Sufi - The Path of Love

with Nirupam Gyan



Coming closer to the heart and opening to love through Sufi chanting (zikr) and whirling (dance).

Sufi chanting involves the rhythmic repetition of divine names, sacred phrases, and invocations. This vocal practice serves as a powerful means of remembrance—drawing the attention inward and purifying the inner space through vibration, breath, and devotion.

Engage in Sufi devotional dance inspired by the whirling dervishes and other Sufi lineages. These movements are not performances—they are prayers in motion, invitations to surrender the ego and become attuned to the rhythm of the cosmos.

- Learn and practice sacred chants from Sufi traditions
- Explore the role of breath, sound, and rhythm in spiritual transformation
- Engage in turning and movement practices that embody devotion and presence
- Enter spaces of silence and stillness to integrate the inner experience

This workshop offers a rare opportunity to taste the beauty and depth of Sufi sacred practice as a living, embodied path of love, remembrance, and inner unity.



Nirupam Gyan

Nirupam has been leading meditation workshops for over 18 years. He facilitates different workshops like Sufi whirling, Gurdjieff sacred dances, self-inquiry intensives, Osho meditations and sessions of holistic massages. He has been traveling and sharing his work in many countries: Spain, Turkey, Russia, Singapore, Thailand, China, Iran and India among others.

He is a popular teacher and has been visiting and conducting workshops at Auroville for over 8 years regularly. He lives on a farm in Haryana.

Registration

Note : Gurdjieff Sacred Movements and Sufi – The Path of Love are two separate workshops. You can choose to participate in either one or both the workshops with a day of break in between.

Facilitation fee:

Gurdjieff Sacred Movements : Rs 7080 (incl 18% GST)

>> Registration and payment : <https://rzp.io/rzp/wvZQZrO>

Sufi – The Path of Love : Rs 7080 (incl 18% GST)

>> Registration and payment : <https://rzp.io/rzp/7LF6cay>

The above fees **excludes** travel, accommodation, food etc.

Auroville residents and long term volunteers : A few places are available for those with limited budget. Write to us.

Registration will be confirmed on receipt of payment. We are unable to refund any cancellations, but you can transfer the registration without any cost. If the workshop is cancelled by us for any reason, 100% refund will be made. No other compensation will be made.

Contact: auroville.workshops@gmail.com



[@nirupamgsufi](https://www.instagram.com/nirupamgsufi)

[nirupamg1](https://www.facebook.com/nirupamg1)

<https://tinyurl.com/ywrschtb>

General Information

	Gurdjieff Movements	Sufi - Path
Dates	27 - 29 Oct 2025	31 Oct - 2 Nov 2025
Arrival	Sunday, 26 Oct by 18:00 Hrs	Thursday, 30 Oct by 18:00 Hrs
Departure	Wednesday, 29 Oct after 21:00 Hrs	Sunday, 2 Nov after 21:00 Hrs
Timings	09:30 - 17:00 with breaks	07:00 - 17:00 with breaks

Accommodation

A wide range of guest houses are available in the area costing between Rs 1500 - 4000 per night. We suggest booking Auroville managed guest houses as early as possible as they generally get full.

- **CENTER GUEST HOUSE**
centerguesthouse@auroville.org.in
Tel: +91 413 2622 155 (land line)
- **ATITHI GRIHA GUEST HOUSE**
atithigriha@auroville.org.in
Tel: +91 413 2622 445 (land line)

>> [See complete list of Auroville guest houses](#)

Reaching Auroville

Pondicherry airport (PNY) has daily flights from Bengaluru and Hyderabad and is a 30 minute drive by taxi (Rs 500) to Auroville. The nearest international airport is Chennai (MAA) and it takes about 3 hours to reach Auroville by taxi (Rs 3200-3500). Airport pick up can be booked with Auroville managed taxis at:

- **AUROVILLE SUNRISE TAXI (STS)** M:+91 8610 915429
- **INTEGRATED TAXI SERVICE (ITS)** M:+91 9442 566256

Food

Guest houses usually include breakfast and also have options for dinner. There are many eateries in and around Auroville offering a wide range of healthy cuisines (Rs 250-800 per meal)

Local transportation

Auroville is a rural forested area spread over several kilometers. Walking to the studio in the sunny weather may not be comfortable. Guest houses can arrange rental of bicycles or scooters (Rs 150-500 per day).

Weather and clothes

Auroville is generally hot and humid with possibility of rains in October/November period. Temperatures in the day can range 33-36 C and nights can be 25-28C. The studio is not air conditioned but well ventilated. Please bring loose fitting comfortable clothes with several changes. Laundry service is provided by the guest houses and clothes dry pretty quickly.

Hosted by :



Auroville
Green Practices



More about Auroville : <https://auroville.org>